

TORRE MOLINOS

Costa del Sol Spain

Touristic Guide

Discover a vibrant,
dynamic and modern city



Torremolinos
TURISMO

Welcome to Torremolinos

the origin of paradise





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Gateway to the Costa del Sol

Torremolinos, near Málaga, stands as a **strategic point** of departure to visit the most attractive places of **Andalusia**.

Located in southern Spain, this town of almost 70.000 inhabitants offers an **enviable climate** all the year round, with mild winters and warm summers.

A privileged destination, Torremolinos offers much more than **sun and beach**.

Torremolinos is culture, sport hiking, pescaíto frito tapas, fun, relax, and above all,

Torremolinos is a place where, whatever happens, the sun is always shining.





**MEDITERRANEAN
CLIMATE**
**+300 SUNNY
DAYS A YEAR**



**7KM LONG BEACH
WITH ALL SERVICES**



**SEA AND MOUNTAIN
ECOSYSTEMS**



**DIVERSE AND
MULTICULTURAL
TOWN**



**100 DIRECT
INTERNATIONAL
FLIGHTS**



**+250 HOSTELRY
ESTABLISHMENTS**



**SUSTAINABLE AND
SMART DESTINATION**



**SPORTS AND
CULTURAL EVENTS
ALL YEAR ROUND**



Tourism Visionaries

Torremolinos is a legendary international tourist destination since the 50s, providing travelers with the experience of a **modern town** that keeps at the same time the **Andalusian charm** of its past as an old fishing village and milling industry.

Leader of the tourist boom in the 60s and 70s, this town seduces with its large beaches bathed by the blue waters of the **Mediterranean Sea**, a **mild climate** throughout the year, and an **exquisite cuisine**. Its **cosmopolitan** and **multicultural** atmosphere attracted people from all over the world, even Brigitte Bardot and Frank Sinatra left something of themselves in corners full of history.

From the heart of the Costa del Sol, Torremolinos lives facing the sea and protected by the mountains, offering sea experiences and pictures of light.





Bajondillo Beach,
Pez Espada Hotel
and La Nogalera
Urbanization.
Portrait of Brigitte
Bardot during the
filming of
'Les bijoutiers du
clair de lune'.



On the Mediterranean shore





Beaches to enjoy all year round

BEACHES

Going to the beach is a required activity if you come on holiday to Torremolinos, where going to the beach is not just a summer routine, but an experience thanks to the well-maintained beaches, the many **leisure offers** and a beach of almost **7 kilometers** of pure pleasure throughout the year, **for relax, sport and fun**, with a tailor made offer for every traveler.

Torremolinos has 4 main beaches, **La Carihuela, El Bajondillo, Playamar and Los Alamos**, where you'll discover various spaces to bring your plans to life. All beaches are cataloged with the **Q for tourist quality**, and in recent years different **Blue Flag and Eco Beaches**

distinctions have been awarded, which accredits them as well-maintained **eco-friendly** and well-prepared spaces with equipment and infrastructure that will make your visit perfect.

The **swimming season** on the Costa del Sol typically spans from early June to late September. During this time, **sea temperatures** average around 22.5°C, while in the winter months they drop to approximately 15°C. These mild and inviting conditions make it possible to enjoy the **sea and sun** year-round. However, for a safe and pleasant experience, it's always important to follow basic **sun protection** guidelines and check **sea conditions** before swimming.





Discover the
beaches of
Torremolinos
through our virtual
tour with audio
guides.





Along the promenade you will find a wide variety of establishments and leisure services, on a route that is part of the Coastal Path.



ACCESSIBILITY

All beaches have an area adapted for **people with reduced mobility**.

In these areas you will find walkways to the sea, driveways, pergolas, parking spaces, adapted toilets and the **adapted bath equipment**, assisted by the beach rescue service.

PROMENADE

The Paseo Marítimo joins two ends of the municipality, **easy to reach** from almost every part of town. It's divided into two stretches by the natural projection of **'El Morro'**, being part of the **'Coastal Path'**, a grand tour from one end of the Costa del Sol to another. Overall, it is a long promenade dotted with vegetation, perfect for walking, roller-skating or cycling along the bike lane.

CHIRINGUITOS

Torremolinos enjoys the seashore. Its popular **'chiringuitos' (restaurants and beach clubs)** offer a unique setting by the sea, from which it is possible to taste the most **authentic cuisine** and **local wines**, as well as **international cocktails**, from a hammock on the beach.



Places of interest





Essential visits

PIMENTEL TOWER

The “Torre de los Molinos”, currently known as Torre de Pimentel, is a defensive tower that was built in the **Nasrid period** between the 13th and 15th centuries, within the network of defensive towers built all over the coastline during the ancient kingdom of Granada. It is located on **Cuesta del Tajo**, a beautiful Andalusian-style pedestrian street, full of shops, which connects to Bajondillo beach.

CASA DE LOS NAVAJAS

This petit palace from 1925 owes its name to Antonio Navajas, owner and businessman who was dedicated to the cultivation of sugar cane. It is located on a cliff in the Bajondillo area with **sea views** and consists of two floors with a **neo-Mudejar aesthetic**, which was common in Spain in the late nineteenth and early twentieth centuries, and decorative elements of **plasterwork and Sevillian tiles** inspired by the **Alhambra in Granada**.





In the Bajondillo area
you can visit the
Pimentel Tower,
declared a Monument of
Cultural Interest, and the
Casa de Los Navajas.





Access the virtual tour of the Molino de Inca Botanical Garden and the Battery Park to discover these green spaces in Torremolinos dedicated to leisure and nature appreciation.



MOLINO DE INCA BOTANICAL GARDEN

The Botanical Garden is located around the **Molino de Inca, La Cueva and Albercón del Rey springs**. Inside you can transport yourself to another world, with almost a thousand plant species, fountains and small waterfalls that mimic the origin of the springs, and a replica of the old **Molino de Inca**. In addition, it has an exceptional **Japanese Garden** that reproduces, on a rocky slope, a gardened area with hillocks and lakes characteristic of the land of the rising sun.

BATERIA PARK

Its name originates from the old **defensive artillery battery** that was sited here, where some of the old artillery cannons and two underground bunkers can still be seen. The park offers more than 74,000 square metres for **leisure, sport and family fun**, and contains more than a thousand trees, an **artificial lake**, an **observation tower**, a network of footpaths, an exercise area, a bike lane, a running track, a large children's play area and a stage where concerts and shows are held throughout the year.



EL MORRO

This magnificent **natural monument** is a natural boundary between its two best-known beaches: Carihuela and Bajondillo. From the **Mirador de Sansueña**, a place for cultural interpretation of the poets of the Generation of 1927, you can enjoy spectacular views of El Morro, the Torremolinos coastline, and the beautiful Málaga Bay.

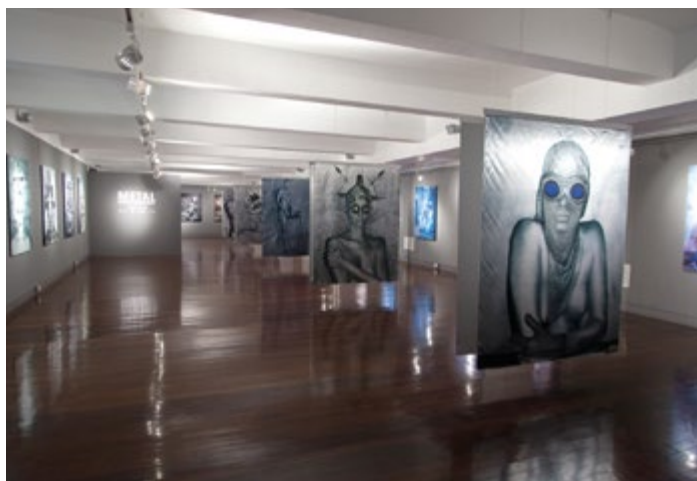
COSTA DEL SOL SQUARE

When you arrive at Plaza Costa del Sol the first thing that will catch your attention is the **huge pergola** formed by various arches evoking the **waves of the sea**. Here you can enjoy its green areas, bars, cafes, ice cream parlors and restaurants, as well as all kinds of shops, outdoor events or the pleasure of strolling and admiring its murals and sculptures.

PABLO RUIZ PICASSO CULTURAL CENTRE

Housed in a building with nearly a century of history and declared a Building of Cultural interest, the Pablo Ruiz Picasso Cultural Centre is the **Torremolinos epicenter of art** in all its cultural disciplines, **hosting exhibitions and cultural events**.





Sports and Nature





A paradise for sports

OUTDOOR SPORTS

With over 300 days of sunshine per year and an average temperature of around 20 degrees, Torremolinos offers a vast array of opportunities for **water, mountain and urban sports**.

The natural landscape **Montes de Torremolinos** and the rural complex **Cañada del Lobo** offer **hiking trails** of low and medium difficulty, within the frameworks of Gran Senda de Málaga and Senda Litoral. Explore the **biodiversity** and ecosystems by walking or **mountain biking**.

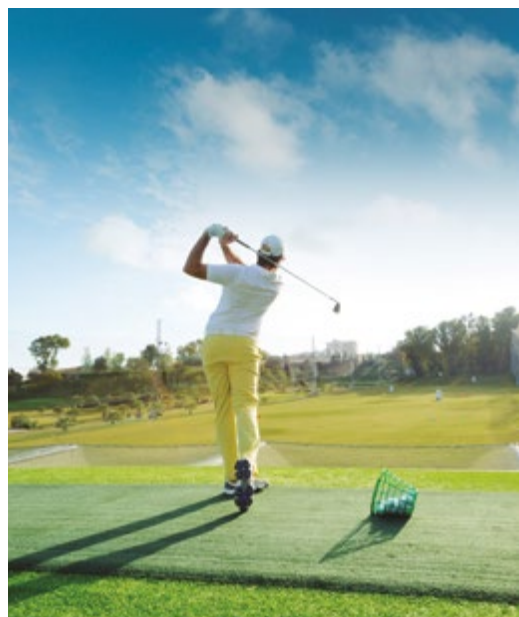
In addition, Torremolinos offers a wide range of **water and nautical sports**: water skiing, surfing, bodysurfing, paddle surfing, rowing in a jábega boat, kayaking and sailing.

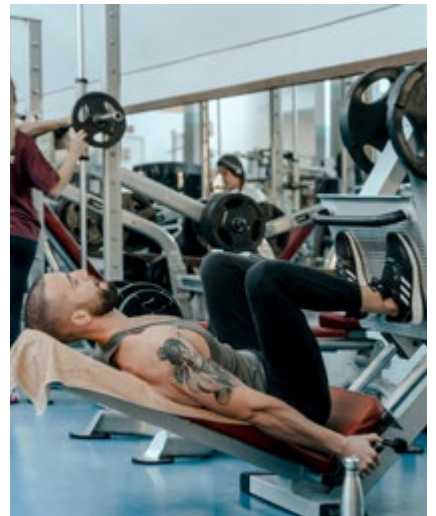
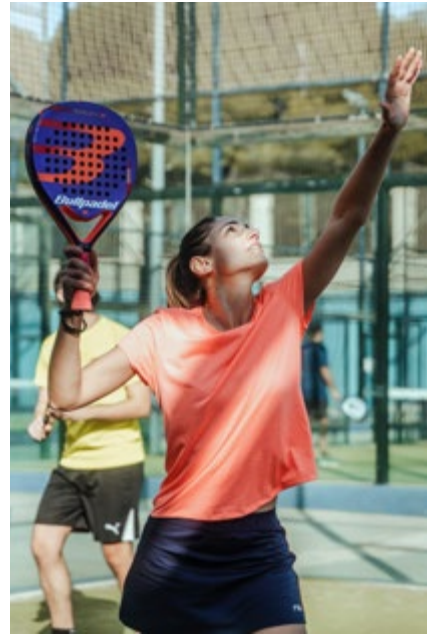
Torremolinos is home of the unique **Miguel Ángel Jiménez Golf Academy** Course. Beginners and professional players alike are welcome.





Get to know all the outdoor sports you can enjoy in Torremolinos.





SPORTS COMPLEX

This sports complex offers many possibilities, which combined with the good climate of the Costa del Sol, makes that it is frequented by **high level teams** and numerous **professionals** in various fields throughout the year. The Sports village boasts a **great track** to practice different branches of **athletics**, several **football fields of natural and artificial turf**, four **tennis courts**, and many others facilities, including **paddle**, petanque, a rink for **artistic skating** and even a skate park. The sports village is maintained to the utmost standard so that you can enjoy your chosen sport.

In addition, it has two **Olympic swimming pools**, one of which is outdoor, a **therapeutic pool** complex and a diving pool. Other activities include a climbing wall and a space for dog training. Not to mention a **large gym**, with fitness areas for bodybuilding, cardiovascular workouts, toning and stretching, steam baths and a jacuzzi pool.

Discover the Torremolinos Sports Village and its facilities



**Diversity,
part of our DNA**





An oasis of freedom since the 1960s

Torremolinos is considered the **capital of southern Europe** for visitors who are part of the LGBTIQ+ community. **LGBT-friendly hotels, nightclubs, bars and many other leisure** and entertainment possibilities have converted Torremolinos into a destination not to be missed, where all kinds of events focused on the community gather every year.

La Nogalera, Pueblo Blanco and Bajondillo beach are LGBTI tourism areas that offer visitors all the services to enjoy the best atmosphere during their stay and the hospitality that characterizes Torremolinos.

Every spring the town celebrates **Torremolinos Pride festival**, a great festival full of events that demands equal rights and celebrates **diversity**, and in which, in addition to cultural, educational, and sports activities, there are **musical performances** by prominent artists.

The **Begoña Passage** in Torremolinos is a place of Historical Memory and the Cradle of LGBTI Rights and Freedoms, which is twinned with the **Stonewall Inn** in New York, as both places share similarities in their history and symbolize the LGBTI liberation movement.





Learn the history of the Begonia Passage, known as the Spanish Stonewall Inn

Traditions, events and culture





Great events

SAN MIGUEL PILGRIMAGE AND FAIR

Torremolinos remains committed to its traditions. The town celebrates the **most important urban pilgrimage of Andalusia** in September every year, followed by the fair. A road on foot, on horse or by ox carts to the **hermitage of San Miguel**, a vibrant celebration of the warmth and hospitality of its people. Following the pilgrimage, the San Miguel Fair is celebrated, a multi-day event that takes place at the Fairgrounds and in the city center.

EASTER

As in the rest of Andalusia, Easter is one of the tourist attractions of Torremolinos, with processional parades on **Palm Sunday, Holy Tuesday** and **Thursday**, and **Easter Sunday**.

An opportunity to experience the excitement of the **processions**, admire the **craftsmanship** of their floats, and taste the **traditional cuisine** of these dates.

VIRGEN DEL CARMEN FAIR

Every **July 16th**, the traditional fishermen's quarter called La Carihuela celebrates the **Virgen del Carmen festival**. As the patroness of fishermen, the Virgin is paraded through both the streets and along the coast. A recognized event as a **Festival of Tourist Interest of Andalusia**, it takes place throughout the day and culminates in the most spectacular moment at sunset: the Virgen's embarkation on the sea.





Experience the excitement of the procession of the Virgen del Carmen de la Carihuela, declared a *Festival of Tourist Interest in Andalusia*.





FESTIVALS AND SPECTACLES

Live music and the ambiance of international festivals such as the **Rockin Race Jamboree**, that was recognized in 2019 as the *best festival in the world of American roots* at the Ameripolitan Music Awards, **the Canela Party**, **Puro Latino Fest** **Torremolinos**, or the vibrant **Torremolinos Pride**, declared an Event of Tourist Interest in Andalusia. In addition, concerts, musicals and performances by artists of all genres take place in different venues around the town, as well as in the **Príncipe de Asturias Municipal Auditorium**, creating something for all audiences: **jazz**, **electronic music**, **flamenco** or **zarzuela**.

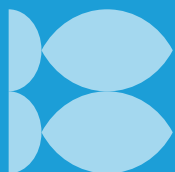
ART, CULTURE AND ARCHITECTURE

Torremolinos is a city full of art, with **street art murals** decorating the most unique corners of the city, **outdoor sculptures** by renowned artists like Elena Laverón, and examples of the Torremolinos typical “Arquitectura del Relax” such as the **Conjunto La Nogalera** or the **Hotel Pez Espada**. It also features brutalist architecture, evident in buildings like the **Torremolinos Congress Palace** and the **Complejo Los Manantiales**.

The Pablo Ruiz Picasso Cultural Center, declared a Cultural Heritage Site and considered the epicenter of Torremolinos’ art scene, hosts **exhibitions**, **theater performances**, and **cultural events** throughout the year.



Gastronomy, accommodation and shopping





Gastronomy

Restaurants, ‘chiringuitos’ and typical bars are creativity sanctuaries which satisfy the most demanding palates, offering a wide range of gastronomic proposals, from **traditional cuisine** to **signature cuisine** or **design tapas**.

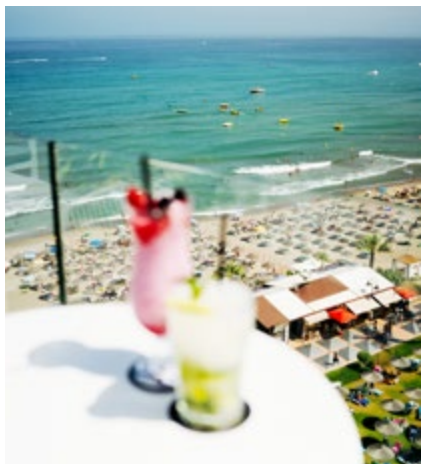
In Torremolinos, cradle of the ‘pescaito frito’ (fried fish), the **Mediterranean cuisine** has the leading role in the local restaurants. Sea products, **charcoal-grilled fish skewers, salads, rice dishes, gazpacho and stews** are an essential part of its culinary culture. Mediterranean cuisine not only nourishes the body, but also celebrates the rich **social and cultural heritage** that brings people together to share unforgettable moments around the table.

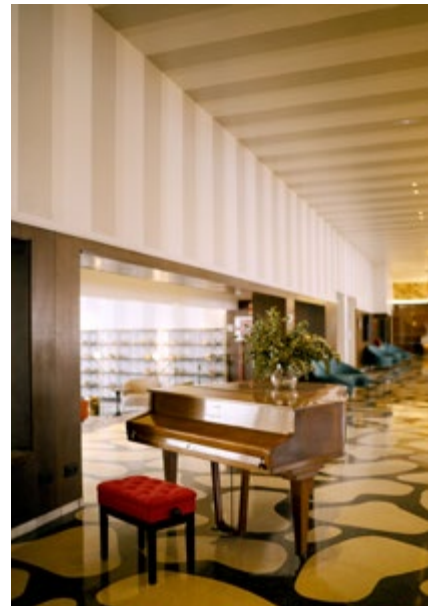
But Torremolinos is also a mix of cultures and flavors, and in our city you will find a good selection of **international cuisine restaurants**:

Italian, Japanese, Indian, Chinese, Hawaiian, Lebanese, Moroccan... An offer for all palates that join the rank of the innumerable **ice cream parlors, pastry shops and cafes** where you can stop along the way for a snack or an aperitif.

Without forgetting the vibrant **cocktail bars** and the diverse **terraces** scattered throughout the city where you can try their refreshing proposals, or the most cosmopolitan **roof tops** of the hotels where you can enjoy the views with a drink.







Check the map for accommodations in Torremolinos here.



Shopping and accommodation

RENOVATED HOTELS

Torremolinos has the **largest hotel infrastructure** of the Costa del Sol. Over 20.000 bed places, mostly in four and three star hotels, make a **complete, modern and renewed offer**, improving in quality and comfort for all kind of customers and needs: **family resorts, adults only, millennials, bleisure, boutique or gay friendly**. Hotels renovated in recent years to offer the best experience to visitors, with easy accessibility to the city.

SHOPPING

San Miguel, Cauce and Casablanca Streets, or **Costa del Sol, Andalucía and La Nogalera Squares**, are the heart of commercial business. Fashion, sport, accessories, jewelry, technology and gifts, presenting a wide and varied offer to be adapted to any preference. Strolling down **Cuesta del Tajo** and **Calle del Peligro**, which connect the vibrant city center with **Bajondillo Beach**, you'll discover charming craft and souvenir shops. Meanwhile, the lively **Carihuela promenade** offers an array of stores, perfect for shopping enthusiasts. Thursday is the day for the popular **street market** o 'mercadillo', perfect for all type of purchase, and Sunday is the turn of the **antiques market** or 'rastros'.



Location


EUROPE



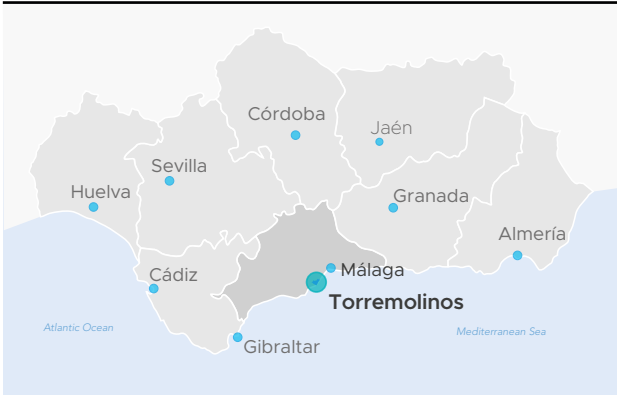
SPAIN



Connections

 	Madrid	 1h. 35m. / 2h. 35m.
	Barcelona	 1h. 35min.
	Palma de Mallorca	 1h. 20min.
	Lisbon	 1h. 35min.
	Casablanca	 1h. 40min.
	Paris	 2h. 30min.
	Rome	 2h. 30min.
	London	 2h. 50min.
	Amsterdam	 3h. 05min.
	Berlin	 3h. 25min.
	Vienna	 3h. 25min.
	Copenhagen	 3h. 35min.

ANDALUCIA



Conexiones

 	Málaga	⌚ 20min.
 	Airport	⌚ 10 / 15min.
	Marbella	⌚ 30min.
 	Antequera	⌚ 23 / 55min.
 	Ronda	⌚ 1h. 50m. / 1h. 20m.
	Nerja	⌚ 50 min.
 	Sevilla	⌚ 1h. 55m. / 2h. 10m.
	Granada	⌚ 1h. 30min.
 	Córdoba	⌚ 1h. 45min.
	Gibraltar	⌚ 1h. 30min.

PROVINCE OF MÁLAGA



Only 8 km from Málaga-Costa del Sol **International Airport**, with flights to more than 100 destinations, is also connected by road to the AP-7 motorway and the A-7 and N-340 highways. It is just 16 minutes away by car from the Port of Málaga and the **AVE high-speed train station** Málaga-María Zambrano.



Torremolinos Tourism Office

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TOURISTIC MAP

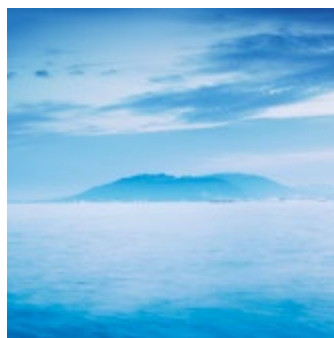
Edition:

City Council of Torremolinos

Photo credits:

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